



**MIDDLE ATLANTIC
WRESTLING ASSOCIATION
Preliminary District
Tournament**

FLOWRESTLING
OFFICIAL LIVE STREAM PARTNER

Director: Brandon Lauer **Email:** brandonlauer@nextlevelsportsgroup.com **Phone:** 301-310-6090

Location: HOWARD HIGH SCHOOL, 8700 Old Annapolis Rd., Ellicott City, MD, 21043

Date: Saturday, March 29th, 2025

- Session 1 – Bantam, Midget, Junior, Intermediate, Open **Start Wrestling at 9:00 AM**
- Session 2 – Advanced, Elite **Start Wrestling at 1:00 PM**

Admission: *Concessions will be available all day!*

- At Door: Adults \$10.00 and Students \$5.00 (Free for coaches with USA Card)

Weigh-ins: **MUST BE IN A SINGLET OR 2 PIECE WRESTLING UNIFORM**

- **All Divisions – Friday, March 28th, 6 pm – 8 pm.**
- **Advanced, Elite – (Additional Option) Saturday, March 29th, 10 am – 11 am.**

COMPETITORS SHOULD SELECT A WEIGHT THEY CAN HOLD FOR THE REGIONALS AND EASTERN NATIONALS

WEIGHT CLASSES AND AGES: *(No weight allowance for singlet is given! Weigh-ins are scratch weight!)*

Division	Birthdate	Weight Classes
Bantam	Born in 2017 and after	40, 44, 48, 52, 56, 60, 65, 73, 93 MAX
Midget	2015-2016	50, 54, 58, 62, 66, 70, 75, 80, 85, 93, 105, 134 MAX
Junior	2013-2014	58, 62, 66, 70, 74, 78, 82, 86, 91, 98, 108, 120, 140, 166 MAX
Intermediate	2011-2012	75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 128, 136, 150, 175, 220 MAX
Advanced	2009-2010	93, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 285 MAX
Elite	2007-2008	111, 118, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 285 MAX
Open	Before 2007	125, 135, 142, 150, 158, 167, 177, 190, 220, 295 MAX

EVERYONE must compete in their own age division **EXCEPT** those who exceed the **MAXIMUM** weight.

LENGTH OF BOUTS: Intermediate, Advanced, Elite, & Open: Three 1 1/2-minute periods; All Others three 1-minute periods; Overtime-Sudden Death: One- 1 minute period followed by a 30-second ride-out period if necessary.

WRESTLING RULES: USA Wrestling Card is **NOT** required. This is a Folkstyle Tournament. MD officials will be used and MPSSAA modified rules. **EVERYONE** must have **PROOF OF AGE** if challenged, **INCLUDING** the **PERSON ISSUING** the challenge. **IMPORTANT:** Once you have qualified for the **REGIONAL TOURNAMENT**, you **MAY NOT** enter another **DISTRICT TOURNAMENT. ANYONE WHO DOES WILL BE DISQUALIFIED FROM ADVANCING TO THE REGIONAL TOURNAMENT.** Any entrant who falsifies information on an application to enter a District or Regional MAWA Tournament will be subject to a one-year suspension from the program, effective immediately upon discovery.

AWARDS: Medals will be given to the top three finishers in each weight class.

UNIFORMS: One-piece singlet or two-piece uniforms are **REQUIRED**. Headgear is not required. Facial hair is allowed.

ENTRY FEE: \$40-\$45 based on Division Online Entries **ONLY** (Trackwrestling.com ->events ->search events ->enter Howard in "Event Name" and click **Search** ->click the **Pre-register** link under **MAWA District Tournament – Howard**.

WEIGHT CHANGE FEE: \$10.00 (**CASH ONLY**). Weight Changes will be accepted and must be paid at time of weigh in.

REFUNDS: \$5.00 Refund fee will be applied. No Refund request will be accepted after the wrestler limit is reached.

PRE-REGISTRATION DEADLINE: 3/27/25. Walk-in fee is \$50.00. **CASH ONLY**. Bring it with you. Registration is limited to the first **450 PAID** entries. No entries, including walk-ins, will be considered if the limit is reached. **We have reached the limit in previous years and expect the same this year. Register early to confirm your spot.**

OPPORTUNITY to ADVANCE!

South Regional Tournament	The top FOUR place winners in this tournament will advance to the SOUTH Regional Tournament to be held on Saturday, April 12 & Sunday, April 13, at the Wicomico Civic Center in Salisbury, MD, including Open Division. A \$30.00 advancement fee will be collected at the District Tournament. A 1 lb. weight allowance will be given at the Regional Tournament.
Eastern National Championship	The top FOUR place winners in the Regional Tournament advance to the Middle Atlantic Wrestling Association's Eastern National Championships on May 3 – May 4 at Wicomico Civic Center, Salisbury, MD, including the Open Division. A \$30.00 advancement fee will be collected at the Regional Tournament. Fifth and sixth places are alternates. An additional 1 lb. weight allowance (2 lb. total) will be given at the Eastern National Championships.