



MIDDLE ATLANTIC WRESTLING ASSOCIATION

FLOWRESTLING
OFFICIAL LIVE STREAM PARTNER

Preliminary District Tournament

Tournament Director : Corey Beckner

Email: interstate64wrestling@gmail.com

Tournament Location: Nansemond River High School

Tournament Address: 3301 Nansemond Pkwy, Suffolk, VA 23434

DATE: March 23, 2025

TIME: 9:00am - Bantam, Midget, Junior, Intermediate Divisions 12:00pm - Advanced, Elite, Open Divisions

WEIGH-INS: 7:30am - Bantam, Midget, Junior, Intermediate 10:30am - Advanced, Elite, Open Divisions

MUST BE IN A SINGLET OR 2 PIECE WRESTLING UNIFORM

COMPETITORS SHOULD SELECT A WEIGHT THEY CAN HOLD FOR THE REGIONALS AND EASTERN NATIONALS

WEIGHT CLASSES AND AGES:

Bantam Division: (Born in 2017 and after)

Weights: 40, 44, 48, 52, 56, 60, 65, 73, 93 MAX.

Midget Division: (Born in 2015 and 2016)

Weights: 50, 54, 58, 62, 66, 70, 75, 80, 85, 93, 105, 134 MAX.

Junior Division: (Born in 2013 and 2014)

Weights: 58, 62, 66, 70, 74, 78, 82, 86, 91, 98, 108, 120, 140, 166 MAX.

Intermediate Division: (Born in 2011 and 2012)

Weights: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 128, 136, 150, 175, 220 MAX.

Advanced Division: (Born in 2009 and 2010)

Weights: 93, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 285 MAX.

Elite Division: (Born in 2007 and 2008)

Weights: 111, 118, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 285 MAX.

Open Division: Born before 2007

Weights: 125, 135, 142, 150, 158, 167, 177, 190, 220, 295 MAX.

EVERYONE MUST COMPETE IN THEIR OWN AGE DIVISION EXCEPT those who exceed the MAXIMUM weight.

LENGTH OF BOUTS: Intermediate, Advanced, Elite, & Open: Three 1 1/2 minute periods; All Others three 1 minute periods; Overtime-Sudden Death: One- 1 minute period followed by a 30 second ride out period if necessary.

WRESTLING RULES: P.I.A.A. Modified rules; P.I.A.A. officials will be used. **EVERYONE** must have **PROOF OF AGE** if challenged; **INCLUDING** the **PERSON ISSUING** the challenge. **IMPORTANT:** Once you have qualified for the **REGIONAL TOURNAMENT** you **MAY NOT** enter another **DISTRICT TOURNAMENT**. **ANYONE WHO DOES WILL BE DISQUALIFIED FROM ADVANCING TO THE REGIONAL TOURNAMENT.** Any entrant who falsifies information on an application to enter a District or Regional MAWA Tournament will be subject to a one-year suspension from the program, effective immediately upon discovery.

AWARDS: Medals will be given to the top FOUR finishers in each weight class.

UNIFORMS: One-piece singlet or two piece wrestling uniform are **REQUIRED**.

ENTRY FEE: \$40.00. Register at Trackwrestling.com.

DEADLINE FOR EARLY ENTRIES: 3/21/2025 @ 7:00pm Late Entry Fee will be \$50.00.

SPECTATOR ADMISSION: Adults: \$10.00 / Students \$5.00

**** HOT FOOD AND SNACKS WILL BE AVAILABLE ALL DAY ****

The top FOUR place winners in this tournament will advance to the **SOUTH** Regional Tournament to be held on Saturday, April 12 & Sunday April 13 at the Wicomico Civic Center in Salisbury, MD including Open Division. There will be a **\$30 Cash** or **\$32 Card** advancement fee to be collected at the District Tournament. **The advancement fee is expected to be paid before leaving the District Tournament.** A 1 lb. weight allowance will be given at the Regional Tournament.

The top FOUR place winners in the Regional Tournament advance to the Middle Atlantic Wrestling Association's Eastern National Championships on May 3 – May 4 at Wicomico Civic Center, Salisbury, MD including Open Division. There will be a **\$30 Cash** or **\$32 Card** advancement fee to be collected at the Regional Tournament. **The advancement fee is expected to be paid before leaving the Regional Tournament.** Fifth and sixth places are alternates. An additional 1 lb. weight allowance (2 lb. total) will be given at the Eastern National Championships.



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